



# University NEWS LETTER



# sbstimes

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## Editorial

Greetings to all!

*"Chill December brings the sleet, blazing fire and Christmas treat - Sara Coleridge*

It's the last month of the year and guess what? This last of something is absolutely refreshing. From the cozy winter to innumerable year end celebrations, December has lot to offer. This is perhaps pretty obvious one but once winter has arrived, you know that Christmas is on it's way, bringing with it a collection of delicious food, vibrant decorations, festive events and activities, music and time with loved ones.

*"December, teaches us all, the art of letting go and welcoming new things in life."*

This is what December was to SBS family, a trip for final year students to summon the journey of years and encouraging them to welcome good things ahead in their lives. This month started with Educational Tour of School of Allied Health Sciences from 5th to 10th December to give the students exposure to professional arena. Also, Based on Christmas theme, a DJ party was organised at Mata Gujri Girls Hostel on 20th December in which all the hostellers enjoyed, welcoming the santa and bidding a bye to the year. The month ended up with compilation of odd semester session and preparation for final examination. Editorial team wishes best of luck to all the students

We heartly wish all the readers a best wishes for the new year.

*Editorial team*

## Photograph of the Month



World is a running palatial  
 You are stern  
 World is blinded coward  
 You are the furrow  
 World is obsolete rituals  
 You are free of caste  
 World is the show off and stress  
 You are the peaceful parent  
 World is swallowing Only,  
 you make me summon  
 World is but a planet of illusion,  
 the desert of dark  
 While you are like the ball of sun  
 reflecting hope upon us all.

*Novleen Kaur  
 BPT IV year*



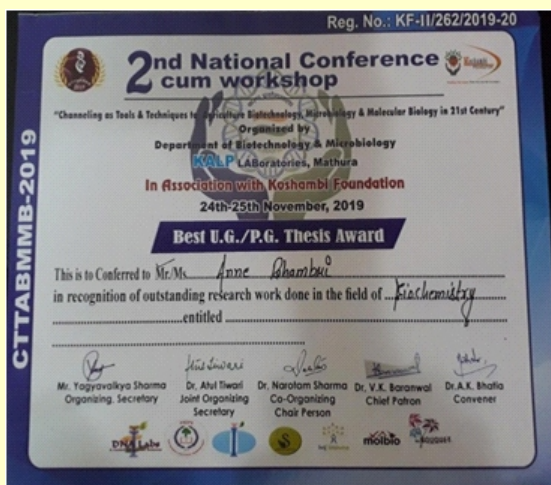
# Swachhta Pakhwada

SBS University NCC 11-UK Girls battalion participated in plogging at university premises and nearby areas on December 07, 2019 as part of the activities of Swachhta Pakhwada. The aim was to raise awareness amongst the community, collect plastic waste and make the surroundings plastic free. The slogan coined for this event was "Plastic Se Raksha Swachhata Hi Suraksha". The NCC cadets carried out a plethora of activities like Naukad natak, Swachhta rally and cleanliness drive. The event was coordinated by Capt. Nalini Maharashi.



## Best Thesis Award

Recently a student of M.Sc. Biochemistry, Anne Bhambri received Best P.G. thesis award at 2<sup>nd</sup> National Conference cum Workshop on *Challenging as a tool & Technique on Agricultural Biotechnology, Microbiology & Molecular Biology* (CTTABMMB-2019, 25-26 November 2019) organized by Department of Biotechnology & Microbiology, KALP Laboratories Mathura in association with Koshambi Foundation. Particularly she worked on Biological nutrient removal by using a specific microbe under the guidance of Dr. Santosh Kumar Karn, Department of Biochemistry & Biotechnology, S.B.S. University, Dehradun.





## EDUCATIONAL TOUR 2019: Trip to AIIMS, Jodhpur

Sardar Bhagwan Singh University organized an Educational tour for the students of School of Allied Health Sciences. The educational tour was organized for both UG & PG final year students who were taken for an educational trip to Rajasthan- Jodhpur and Jaisalmer. As final year students are at the verge of completing their degree in respective fields, SBS provides students the facility to make the best out of their last days and this 5 days trip from December 5-December-10 with unending fun and enjoyment is nothing but a cherry on the top. The main motto of this educational trip was a visit to AIIMS Hospital & Medipulse Hospital Jodhpur which centralizes the whole trip.



### CHRISTMAS

Christmas is the festival of Christians, which is celebrated annually on 25 of December. It is an important festival of Christians because on this day the Lord Jesus Christ was born.

In this day, Christians wear new clothes and attend churches for prayer on Christmas. Even the Christians go for city carols by singing holy songs throughout the city. The Christians enjoyed this day with a lot of happiness and joy.

The family members decorate Christmas trees with toys, decorative lights, gifts, balloons and candles, they decorate their houses. They also cut cakes on wishing a birthday to Lord Jesus. They also greet each other and children have a belief that Santa Claus would bring gifts for them.

Christmas is a festival of joy and peace where people greet each other and it is the festival of giving and sharing with friends and family. It is the essence of the festival which unites the people.

### STUDENT COLUMN

*Aman Singh Negi  
B.Sc. MM  
1 year*

## MEANING OF MONTHS

Ever wondered why we call the months what we do?  
Like many bits of culture, it's a bit of a mixed bag, but we can thank the Romans for most of it...



### January -- Janus's month

Latin *Januarius* "of Janus"

Janus is the Roman god of gates and doorways, depicted with two faces looking in opposite directions. His festival month is January. Januarius had 29 days, until Julius when it became 31 days long.

### February -- month of Februa

Latin *Februarius* "of Februa"

Latin *dies februatus* "day of purification"

*Februarius* had 28 days, until circa 450 BC when it had 23 or 24 days on some of every second year, until Julius when it had 29 days on every fourth year and 28 days otherwise.

Februa is the Roman festival of purification, held on February fifteenth. It is possibly of Sabine origin.

### Intercalaris -- inter-calendar month

Latin *Intercalaris* "inter-calendar"

Latin *Mercedonius* (popular name) "?"

*Intercalaris* had 27 days until the month was abolished by Julius.

### March -- Mars' month

Anglo-French *March(e)*

Latin *Martius mensis* "month of Mars"

*Martius* has always had 31 days.

March was the original beginning of the year, and the time for the resumption of war.

Mars is the Roman god of war. He is identified with the Greek god Ares.

### April -- Aphrodite's month

Latin *Aprilis*

*Aprilis* had 30 days, until Numa when it had 29 days, until Julius when it became 30 days long.

Aphrodite is the Greek goddess of love and beauty. She is identified with the Roman goddess Venus.

### May -- Maia's month

Latin *Maius* "of Maia"

Latin *Maius mensis* "month of Maia"

*Maius* has always had 31 days.

Maia (meaning "the great one") is the Italic goddess of spring, the daughter of Faunus, and wife of Vulcan.

### June -- Juno's month

Middle English *jun(e)*

Old English *junius*

Latin *Junius* "of Juno"

Latin *Junius mensis* "month of Juno"

*Junius* had 30 days, until Numa when it had 29 days, until Julius when it became 30 days long.

Juno is the principle goddess of the Roman Pantheon. She is the goddess of marriage and the well-being of women. She is the wife and sister of Jupiter. She is identified with the Greek goddess Hera.

### July -- Julius Caesar's month

Latin *Julius* "Julius"

Latin *Julius mensis* "month of Julius"

Latin *quintilis mensis* "fifth month"

*Quintilis* (and later *Julius*) has always had 31 days.

Julius Caesar reformed the Roman calendar (hence the Julian calendar) in 46 BC. In the process, he renamed this month after himself.

### August -- Augustus Caesar's month

Latin *Augustus mensis* "month of Augustus"

Latin *sextilis mensis* "sixth month"

*Sextilis* had 30 days, until Numa when it had 29 days, until Julius when it became 31 days long.

Augustus Caesar clarified and completed the calendar reform of Julius Caesar. In the process, he also renamed this month after himself.

### September -- the seventh month

Latin *September*

Latin *septem* "seven" + *-ber* (adj. suffix)

Latin *september mensis* "seventh month"

*September* had 30 days, until Numa when it had 29 days, until Julius when it became 30 days long.

### October -- the eighth month

Latin *October*

Latin *october mensis* "eighth month"

*October* has always had 31 days.

### November -- the ninth month

Latin *November*

Latin *Novembris mensis* "ninth month"

*Novembris* had 30 days, until Numa when it had 29 days, until Julius when it became 30 days long.

### December -- the tenth month

Old French *decembre*

Latin *december* "tenth month"

*December* had 30 days, until Numa when it had 29 days, until Julius when it became 31 days long.

Source- Internet

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